

## Breakfast menu



Chateau *Herálec*

*Red velvet, silver wind*

Breakfast is undoubtedly the most important food of the day. A good breakfast can provide a wonderful start to the day and fill us with positive energy.

In your hands you hold our á la carte breakfast offer. We chose this kind of breakfast service to cater fully to all of our guests - those that like to sleep in as well as the early birds - guaranteeing a 100% quality and freshness of all our dishes. The overall concept of our kitchen is based on fresh local ingredients.

We are constantly on the search for local farmers and suppliers, a range of their products available in this menu. We recommend for example trout gravlax from Mr. Nikl in Havlíčkův Brod, cheeses from the nearby Uhorilka village (try out their Kaškavall!) or amazing cottage cheese from Netín. We also bake a homemade breakfast cake every day, satisfying every sweet tooth. Do not forget to try the delicious bio fruit juices - our staff will gladly inform you of the current offering.

For our hotel guests, breakfast is included in the price of the accommodation.

You can indulge any items from the offering with a stand of freshly baked bread, butter, homemade daily spread, and sweet pastries already placed on your table. Beverages included in the breakfast offer are a coffee of your liking, tea with honey, the bio juice and mineral water.

We wish you a wonderful morning and bon appetit!

Price for non-hotel guests is 440.- Kč  
Potential allergens in our dishes are listed at the end of the menu

## Breakfast

### Egg dishes

Fried egg, beans, bacon<sup>1,3,7,9,10,12</sup>  
Poached eggs<sup>3,7,12</sup>  
Scrambled eggs (with or without onions)<sup>3,7,12</sup>  
Omelette with champignons<sup>3,7,12</sup>  
Omelette with spinach<sup>3,7,12</sup>  
Ham and cheese omelette<sup>3,7,12</sup>  
Ham and eggs<sup>3,7,12</sup>  
Bacon and eggs<sup>3,7,12</sup>

### „Best of Breakfast“

Eggs Benedict <sup>1,3,7,12</sup>	150,-
Eggs Florentine <sup>1,3,7,12</sup>	150,-
Avocado toast, poached eggs, tomato, parmesan <sup>1,3,7,12</sup>	150,-
Eggs Benedict with smoked salmon and spinach <sup>1,3,4,7,12</sup>	150,-

### Salami, cheese, fish, vegetables

Hunter's salami<sup>1,7,9,10,12</sup>  
Vysočina salami<sup>1,7,9,10,12</sup>  
Poličan salami<sup>1,7,9,10,12</sup>  
Chorizo<sup>1,7,9,10,12</sup>  
Ham<sup>12</sup>  
Salami selection<sup>1,7,9,10,12</sup>  
Gouda cheese<sup>7</sup>  
Kaškaval - lokal steamed cheese<sup>7</sup>  
Goat cheese<sup>7</sup>  
Cheese selection<sup>7</sup>  
Castle sausages<sup>7,9,10,12</sup>  
Roasted bacon  
Trout gravlax with dill<sup>4,12</sup>  
Fresh vegetables

### Fruits and pastries

Fruit salad  
Crepes<sup>1,3,7</sup>  
Pancakes<sup>1,3,7</sup>  
Chia pudding, muesli, fruit, fruit purée<sup>1,5,6,7,8,11,12</sup>

### Choice of cereals

Corn flakes<sup>1,5,6,7,8,11</sup>  
Muesli from Jan's furnace<sup>1,8</sup>

## Breakfast

### Dairy products

White yogurt from dairy farm in Netín<sup>7</sup>

Creamy yogurt "mamánek" from the farm in Úhořilka<sup>7,12</sup>

"Lučina" made at the Chateau (according to your wishes with or without fresh chives)<sup>7,12</sup>

Fresh cottage cheese<sup>7</sup>

Crème fraîche<sup>7</sup>

### Semolina pudding, oatmeal

Semolina pudding with cinnamon<sup>1,7,11</sup>

Semolina pudding with chocolate<sup>1,7,11</sup>

Oatmeal with cinnamon<sup>1,7,11</sup>

Oatmeal with chocolate<sup>1,7,11</sup>

### Butter and jam

Jam (strawberry, apricot, blueberry)<sup>12</sup>

Fresh butter<sup>7</sup>

Honey

### Beverages

Espresso, Americano, Macchiato, Cappuccino, Caffé latte, Flat white

Decaff espresso

Loose leaf tea Dilmah and Oxalis

Hot cacao, milk

Juice according to daily offer

Fresh orange juice (1,5dcl per 70, -)

Fresh grapefruit juice (1,5dcl per 70, -)

Smoothie according daily offer<sup>7</sup> (3dcl per 90, -)

Prosecco La Regenza (1,5dcl per 120, -)

### Allergens:

- |    |   |     |  |
|----|---|-----|--|
| 1) | Cereals containing gluten                 | 9)  | Celery and products thereof  |
| 2) | Crustaceans and products thereof          | 10) | Mustard and products thereof   |
| 3) | Eggs and products thereof                 | 11) | Sesame seeds (sesame) and products thereof   |
| 4) | Fish and products thereof                 | 12) | Sulphur dioxide and sulphites in concentrations higher than 10 mg ml / kg, l, expressed as SO <sub>2</sub> |
| 5) | Groundnuts (peanuts) and products thereof | 13) | Lupine (Lupin) and products thereof  |
| 6) | Soybeans (soya) and products thereof      | 14) | Molluscs and products thereof  |
| 7) | Milk and dairy products                   |     |  |
| 8) | Nuts and products made from them          |     |  |

## *Selection of Teas at Chateau Herálec*

### ***Fresh mint tea***

### ***Fresh ginger tea***

***Castle linden*** (linden tree blossom)

***Chamomile*** (chamomile blossom)

***Agrimonia Eupatoria*** (agrimonia stack)

***Rosehip*** (rosehip buds)

***Pure Peppermint*** (peppermint leaves)

***Mate Green*** (yerba mate leaves)

***Ceylon Sencha*** (loose leaf green tea from Ceylon)

***China Jasmine with Flowers*** (Chinese green tea, jasmine blossom)

***English Breakfast*** (real black tea from India)

***Earl Grey Superior*** (real black tea Ruhuna, natural aromas of bergamot and orange blossoms)

***Green Rooibos & Peppermint*** (Rooibos green, peppermint)

***Red Rooibos with raspberry and coconut*** (Rooibos red, raspberry, coconut)

***Apple – cinnamon*** (apple, hibiscus, cinnamon, orange peel, chicory, rosehip, elderberry)

***Cranberry & Strawberry*** (apples, rose hips, raisins, hibiscus, lemon grass, orange peel, cranberries, strawberry)

***Sweet Orange*** (apples, raisins, carrot, apricot, sea buckthorn, beetroot, orange peel, orange tree blossoms)

***Blueberry*** (hibiscus, raisins, elderberries, blackberries, blueberries, strawberries, elderflower leaves)

***Morning Tea*** (hibiscus, apple, raspberry leaves, yerba mate, balm mint, dropwort, marigold, rosehip, heather)

***Headache*** (linden tree blossom, plantain leaves, balm mint leaves, valerian root, gentian root)

***Mood and Memory tea*** (lemon balm, lemon grass, oregano, rosemary, ginseng, schizandra, lavender, mullein)

***Tea for good digestion*** (peppermint, chamomile, aniseed, fennel, caraway, mallow, marigolds)

***Calm Mind Before Bed*** (linden tree blossom, gypsywort, heather flowers, motherwort leaves)

***Calm head*** (pot marjoram, lemon balm, filipendula, feverfew, St. John's wort, calendula)

***Men's power*** (apple, rooibos, bean pods, lemongrass, cinnamon, ginger, St. John's wort, lemon peel, mistletoe, cloves, black pepper, cardamom, ginseng)

***Long Life*** (green rooibos, purple coneflower, chamomile, green oats, mint, raspberries, thyme, lavender, lemon verbena, marigold, cornflower)